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Gail Samaha of GMS Associates selected as an National Elder Care Expert

Scituate, MA ISSUED December 10, 2009...Gail M. Samaha, Principal of GMS Associates, a successful management consulting firm, with an elder care planning division providing comprehensive planning solutions and services well beyond the medical needs of the elder, has been selected as a leading elder care planning expert for the popular national forum, Agingcare.com.

Agingcare.com, an interactive website for the community of caregivers, attracts thousands of viewers daily throughout the nation. The site provides the answers caregivers need to help deal with the stress of aging parents and elder care planning.

As one of the top elder care planning consultants and speakers in the New England region, Scituate, MA resident Gail M. Samaha will provide visitors to the site comprehensive support, tools and resources that caregivers may need along with expert answers to their elder care planning concerns.

GMS Associates Elder Care Planning division is unique to the industry, emphasizing a proactive, comprehensive approach to elder care planning before a crisis arises or when a slight decline is noticed. GMS, offering services nationally, objectively makes recommendations without bias and ensures that the elderly receive the planning, care and dignity they deserve.

Samaha recently launched an educational website for elders and their primary caregivers & family members at www.GMSAssoc.com, providing planning solutions and a starting point for those concerned about future planning, care and guidance with a complete six step business perspective beyond just the medical model.

Locally, Samaha partners with an extensive group of trusted advisors, including geriatric care managers, home care specialists, living facility directors, visiting nurses, financial planners and elder law attorneys to bring order and solutions from the obstacles that occur with a cohesive elder care plan.

"I am honored to be recognized as an expert in my field on the national level," said Samaha. "I value the relationship with each caregiver and look forward to providing both local and national elder care planning consultation as an objective, knowledgeable resource offering the best possible care to the caregiver with a personal plan outlining solutions with manageable next steps."

About GMS Associates

GMS Associates is directed by Gail M. Samaha, a successful management consultant who created an elder care planning division for elders and caregivers to provide comprehensive planning solutions and services well beyond the medical needs of the elder. GMS Associates offers custom tailored, professional and compassionate elder care consulting services--helping an elder or primary caregiver & family navigate the complexities of elder care planning through coaching, education and referral support. Samaha has combined the knowledge and compassion of her own personal experience along with her background as a hospice volunteer and 30 years of businesses management to become a trusted advisor. She objectively makes recommendations without bias and ensures that the elderly receive the planning, care and dignity they deserve. GMS Associates coaches the caregiver and empowers them with the knowledge and peace of mind while working with a team of professionals, from health care to lawyers to

financial planners to living facilities, alleviating the anxiety that accompanies uncertainties of caregiving. For more information you may visit www.GMSAssoc.com or call 781-545-3055.