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Gail Samaha of GMS Associates announces speaking service

Scituate, MA ISSUED February 4, 2010...Gail M. Samaha, Principal of GMS Associates, a successful management consulting firm, with an elder care planning division providing comprehensive planning solutions and services for caregivers and elders, announces a speaking service on topics addressing elder care planning and solutions to groups and trusted advisors throughout the South Shore.

Speaking engagements are available to a variety of organizations and addresses issues including healthy caregiving for the sandwich generation, long distance caregiving, how to assemble an elder care team, immediate steps to take in a crisis, how to start planning if a decline is noticed, caregiver tips and communication.

Samaha, a resident of Scituate, is one of the top elder care planning consultants and speakers in the Massachusetts region and will provide this service to employee assistance providers and human resource organizations, adult community centers, libraries, chambers, healthcare facilities, elder care professionals, associations and business networking groups.

For additional information or to schedule a presentation, please call 781-545-3055.

About GMS Associates

GMS Associates is directed by Gail M. Samaha, a successful management consultant who created an elder care planning division for elders and caregivers, providing comprehensive planning solutions and services well beyond the medical needs of the elder. GMS Associates offers custom tailored, professional and compassionate elder care consulting services--helping an elder or primary caregiver & family navigate the complexities of elder care planning through coaching, education and referral support. Samaha has combined the knowledge and compassion of her own personal experience along with her background as a hospice volunteer and 30 years of businesses management to become a trusted advisor. She objectively makes recommendations without bias and ensures that the elderly receive the planning, care and dignity they deserve. GMS Associates coaches the caregiver and empowers them with the knowledge and peace of mind while working with a team of professionals, from health care to lawyers to financial planners to living facilities, alleviating the anxiety that accompanies uncertainties of caregiving. For more information you may visit www.GMSAssoc.com or call 781-545-3055.